

NEW MENU

£5.50 Takeaway Meal Deal

Any Sandwich/Baguette, a packet of crisps (or fruit) and a can of drink



Sandwiches/Baguettes

- Tuna Mayo
- Cheddar & Chutney
- Ham Salad
- Coronation Chicken
- Roast Red Pepper & Hummous
- Bacon, Lettuce and Tomato

eat in served with Crisps and Salad

Signature Sourdough Toasties

- Tuna Melt
- West Country Cheddar & Red Onion
- Mozzarella, Pesto & Sundried Tomato
- Ham & Cheese

Bloomin' Brilliant Bacon Baguette

available until noon

Salad Boxes

- Tuna Mayo
- Coronation Chicken
- Roasted Red Pepper & Hummous

Extras

- Coleslaw
- Crisps
- Homemade Sausage Rolls

Hot Drinks

Americano	£2.50	£2.70
Latte	£2.70	£2.90
Cappuccino	£2.70	£2.90
Flat White	£2.70	
Mocha	£2.90	£3.10
Dbl Espresso	£2.00	
Hot Chocolate	£2.50	£2.70

Cold Drinks

Cans	£1.00
Bottles	£1.50
Milkshakes	£3.00

Takeaway
£4.00

Eat In
£5.50

Takeaway
£5.50

Eat In
£7.00

£4.00

£5.00

£3.00

£1.00

£3.00

If you fancy sticking around, we'll be posh and put your lunch on a plate with some crisps and salad.

Every purchase supports



The Sober Parrot
7 St James Square, Cheltenham, GL50 3PR